



## ***The Grinnell Presbyterian***

*The monthly newsletter of First Presbyterian Church*

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Office hours: 8:30 a.m. to 12:00 p.m. Monday through Friday

October 2017

Kirsten Klepfer, Pastor

### **GARDEN OF READIN'...**

This past weekend a group of folks from our church and the United Methodist Church went through a training called "Mental Health First Aid." It was helpful in giving us more information about Mental Illness, offering tools for being compassionate when folks are struggling with mental illness, and pointing us to resources in our community.

One thing that struck me was that so much of what we learned really applies to caring for all people, no matter who they are or what they are dealing with. This was certainly true when the trainer was talking about "radical acceptance."

Radical acceptance is practiced on two levels. The first is a radical acceptance of other people. We were told that accepting and affirming people doesn't mean agreeing with them; it means meeting everyone where they are and being curious about what they believe, how they experience the world, and what that means to them. Through listening, and being non-judgmental, people feel safe, loved, and welcome. Certainly this forms the basis of how we welcome people into our churches, and hopefully into our lives.

The trainer also talked about a radical acceptance of ourselves. "I didn't cause it. I can't control it. I can't cure it." That was a mantra she said helps when dealing with people who suffer with chronic, severe mental illness. Again, I think this applies more generally. So much is out of our control, and we all suffer when we deny this or fight against it. We try to change people and fix people instead of just loving people for who they are. We are not powerless, but neither are we all-powerful.

I often pray that our church is a place of radical acceptance; a place where people come and are not judged; a place without requirements or prerequisites for love; a place of deep compassion where we walk with people over mountaintops and through the deepest valleys. I also give thanks for all of you and your part for making that a reality at First Presbyterian Church.

Peace,  
Pastor Kirsten

## PRESBYTERMBERFEST FUN THIS SUNDAY

Last call for the 2017 Presbyterberfest! It will be this Sunday, September 24. Festivities get underway at 4:00 p.m., with a modified potluck supper at 5:30 p.m. A devotional time will bring the event to a close by 7:00 p.m. Presbyterberfest will be at the McIntyre farm, located west of Grinnell on county road T-38. The address is 4853 Highway T-38 North. Go west from Grinnell on Highway 6. Turn north on T-38, and watch for a balloon marking a drive on the left, within the first mile. John and Susan McIntyre will be our hosts for the event this year. Activities related to Native American history, as well as some lawn games, will be available at 4:00 p.m.

Then, at 5:30, we'll enjoy a bounteous meal together. Hamburgers, brats, vegetarian burgers, and beverages will be provided. Those who can are asked to bring other potluck items to share.

Bring a lawn chair and table service, too! The only other thing that is needed is your smile!

Please check the ride-sharing sign-up sheet in Fellowship Hall, as we want to make sure that everyone who needs a ride has one. Thank you to those who have volunteered to drive! Phone calls at the end of this week will help match riders and drivers.



## WORLD COMMUNION SUNDAY: OCTOBER 1

Every year, on the first Sunday of October, churches around the world from many denominations celebrate World Communion Sunday. This Sunday celebrates our oneness as the Body of Christ and reminds us that this unity transcends our differences.

The Presbyterians actually have a starring role in this celebration. While it is now practiced by many denominations, it was born in our denomination in 1936.

This year, we will be looking at our connections with three countries in Africa ó Sudan, Ethiopia and Zimbabwe.



## CROP WALK: OCTOBER 7TH AT 10 A.M.—MEET AT FIRST PRESBYTERIAN CHURCH

This year's CROP Walk will be a little different ó a new date, time, and place. We will be walking on a Saturday morning this year, and our route will take us through Grinnell's downtown district.

Through Church World Service's annual Crop Walk, local communities all over the United States and in towns like Grinnell get involved in God's program of passion and compassion. Join the annual Grinnell Crop Walk on **Saturday, October 7<sup>th</sup>**. There will be a walking contingent from our congregation ó and the bigger the better! You can also participate by pledging money to support one of our walkers. Look for a signup sheet in fellowship hall. Donations can also be made online by going to [www.crophungerwalk.org](http://www.crophungerwalk.org) and using the "search for walker" input on the form or search for walk form. Currently **Linda Cranston** is registered for online donations. We left a blank in the last name, so it comes up as Cranston, which could make it hard to find. If you have additional questions or would like to support a walker please contact **Linda Cranston** or **Marta Miller**. **Ending Hunger one Step at a Time! Please join us!**

## STEWARDSHIP SUNDAY—OCTOBER 15

Please remember to bring **your pledge cards to worship on October 15th**. We will dedicate the pledges during worship. If you are unable to be in worship that day (or just forget to bring your card) please get your pledge to the office as soon as possible. We rely on this information for our budgeting, which will begin in October.

## ANOTHER THANK YOU!

A special ðthank youö is extended to the September potluck committee of **Selva Lehman** and **Donna Ricks** as well as **Ray** and **Marlene Peak**, **Karla Kriegel**, **Meredith Breiting**, **Montie Redenius**, **Jim Ahrens**, **Dennis Day**, **Jim Ferguson**, **Sheryl Parmley**, **Lydia Klepfer** and **Pastor Kirsten** who helped to reset Fellowship Hall following the carpet cleaning, setting up for potluck and cleaning afterward, coordinating the dedication service, and welcoming guests on Sunday morning. ðMany hands make light work!ö

## STEWARDSHIP UPDATE

	<u>August</u>	<u>Year-to-Date</u>
Pledge Income	\$ 8133	\$95,041
Budgeted	\$11,880	\$95,075
Total Income	\$ 8,450	\$99,804
Budgeted	\$13,371	\$98,974
Expenses	\$11,248	\$93,957
Budgeted	\$11,908	\$95,541



## OCTOBER BIRTHDAYS

- 1-Jeremy McIlrath, Donna Winburn
- 2-Bev Miller
- 3-Donna Roche
- 46Kirsten Klepfer, Helen Stuhr-Rommereim
- 56Ray Peak, Paul Parmley, Brenda McIlrath, Jo Schroeder
- 11-Janice Logan
- 126Suzanne Redenius
- 156Marie Allbee, Joyce Shook, Roger Bortell
- 16-Graeme McCue
- 17-Bill Bennett
- 24-Russ Stoker
- 27-Mary Doty
- 29-Gail Greenwald
- 31-Bonnie Rutherford

## LECTIONARY IN OCTOBER

**October 1—17th Sunday after Pentecost, 26th Sunday in Ordinary Time.** Lectionary reading: Exodus 17:1-7; Psalm 78:1-4, 12-16; Philippians 2:1-13; Matthew 21:23-32.

**October 8—18th Sunday after Pentecost, 27th Sunday in Ordinary Time.** Lectionary reading: Exodus 20:1-4, 7-9, 12-20; Psalm 19; Philippians 3:4b-14; Matthew 21:33-46.

**October 15—19th Sunday after Pentecost, 28th Sunday in Ordinary Time.** Lectionary reading: Exodus 32:1-14; Psalm 106:1-6, 19-23; Philippians 4:1-9; Matthew 22:1-14.

**October 22—20th Sunday after Pentecost, 29th Sunday in Ordinary Time.** Lectionary reading: Exodus 33:12-23; Psalm 99; 1 Thessalonians 1:1-10; Matthew 22:15-22.

**October 29ö 21st Sunday after Pentecost, 30th Sunday in Ordinary Time.** Lectionary readings: Deuteronomy 34:1-12; Psalm 90:1-6, 13-17; 1 Thessalonians 2:1-8; Matthew 22:34-46.

## PRAYER CHAIN

First Presbyterian has an active group of people who commit to pray for anyone who asks for that. This group is always open for new members, and of course all are invited to send a prayer request. You can send it by email: [deaconsfirstpres@gmail.com](mailto:deaconsfirstpres@gmail.com), or call the office at (641)236-6059. Prayer request cards are also available in the pew racks.

## COMMUNITY MEAL: TUESDAY, NOVEMBER 21

First Presbyterian Church will be providing the **Community Meal at Davis School on Tuesday, November 21st**. Sign-up sheets will be available in the Fellowship Hall in late October. We need a few helpers to prepare the food, and several servers and help with clean up. Donations of bars, cookies and salads would be appreciated. Thank you.

# October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> World Communion Sunday Holy Communion Food Pantry 9:15 Choir, Sunday School 10:30 Worship 2:00 Turlach Ur	<b>2</b> 7:00 Alanon	<b>3</b> 12:00 Food Recovery Network  4:30 Prayer	<b>4</b> 12:00 Food Recovery Network	<b>5</b> 12:00 Food Recovery Network 4:00 SEG 4:30 Bell Choir 5:15 Respite	<b>6</b> 12:00 Lectionary Bible Study	<b>7</b> 10:00 a.m. CROP Registration
<b>8</b> Heifer College Lunch 9:15 Choir, Sunday School 10:30 Worship 2:00 Turlach Ur 7:00 Taize at St. John's Lutheran	<b>9</b> 7:00 Alanon	<b>10</b> 10:00 Care Givers Group 12:00 Food Recovery Network 4:30 Prayer	<b>11</b> 12:00 Food Recovery Network 6:30 Deacons	<b>12</b> 12:00 Food Recovery Network 4:30 Bell Choir 5:15 Respite	<b>13</b> 12:00 Lectionary Bible Study	<b>14</b>
<b>15</b> Pledge Sunday Third Sunday Potluck 9:15 Choir, Sunday School 10:30 Worship 2:00 Turlach Ur	<b>16</b> 3:00 to 6:00 Food Distribution  7:00 Alanon	<b>17</b> 12:00 Food Recovery Network  4:30 Prayer	<b>18</b> 6:30 Session	<b>19</b> 12:00 Presbyterian Mental Health Meeting 4:30 Bell Choir 5:15 Respite	<b>20</b> 12:00 Lectionary Bible Study	<b>21</b> 7:00 a.m. to 9 a.m. Food Share 7:00 a.m. to 1 p.m. Graeme Is Five Blood Drive
<b>22</b> 9:15 Choir, Sunday School 10:30 Worship 2:00 Turlach Ur	<b>23</b> Newsletter Deadline  7:00 Alanon	<b>24</b> 10:00 Care Givers Group 12:00 Food Recovery Network 4:30 Prayer 5:30 100+ People Who Care at Drake Library	<b>25</b> 12:00 Food Recovery Network	<b>26</b> 10:30 Newsletter Mailing 12:00 Food Recovery Network 4:30 Bell Choir 5:15 Respite	<b>27</b> 12:00 Lectionary Bible Study	<b>28</b>
<b>29</b> Birthday Sunday 9:15 Choir, Sunday School 10:30 Worship	<b>30</b> 7:00 Alanon	<b>31</b> 12:00 Food Recovery Network  4:30 Prayer				

## SUNDAY SERVANTS

### OCTOBER

**1-** Liturgist: Dan McCue  
Greeters: McCue Family  
Deacon: Gail Greenwald  
Ushers: Russ Stoker, Elizabeth Trimmer  
Coffee: Denise and Rich Creps  
Acolyte: Julio Parmley  
Van Driver: Karla Kriegel  
Nursery Volunteer: Evelyn Freeman  
Communion Servers: Char Ewan, Stan Greenwald  
Offering Counters: Char Ewan, 2<sup>nd</sup> person as assigned by Finance Committee  
**8-** Liturgist: Sarah Ruiz  
Greeter: Selva Lehman  
Deacon: Ed Phillips  
Ushers: Hannah Lundberg, Jon Mehlhaus  
Coffee: Doty Stoker  
Acolyte: Peter Simpson  
Van Driver: Al Ricks  
Nursery Volunteer: Alana Ferguson  
**15-** Liturgist: Janice Logan  
Greeter: Norm and Jo Schroeder  
Deacon: Denise and Rich Creps  
Ushers: Rich Thorson, Linda Stoll  
Potluck: Chris and Dennis Day  
Acolyte: Hanna McCue  
Van Driver: Carey Krull  
Nursery Volunteer: Emily Moore  
**22-** Liturgist: Karen Phillips  
Greeters: Dallas and Lola Sterk  
Deacon: Mary Lou Doty  
Ushers: Sara Ruiz, Alyssa DeBella  
Coffee: Char Ewan  
Acolyte: Slane McCue  
Van Driver: Montie Redenius  
Nursery Volunteer: Jill Kaiser  
**29-** Liturgist: Ed Phillips  
Greeter: Barb Erquist  
Deacon: Gail Greenwald  
Ushers: Char Ewan, Jim Ferguson  
Coffee: Janice Logan  
Acolyte: Alana Ferguson  
Van Driver: John and Susan McIntyre  
Nursery Volunteer: Deb Martenson  
Cake Baker: Suzanne and Montie Redenius

### NOVEMBER

**5-** Liturgist: TBA  
Greeter: Art Heimann  
Deacon: Chrissy Hazlett  
Ushers: Jim and Sue Ahrens  
Coffee: Linda Stoll  
Acolyte: Zach Nickle  
Van Driver: Paul Parmley  
Nursery Volunteer: Linda Cranston  
Communion Servers:  
Offering Counters: Char Ewan, 2<sup>nd</sup> person as assigned by Finance Committee  
**12-** Liturgist: TBA  
Greeters: Stan and Gail Greenwald  
Deacon: Ed Phillips  
Ushers: Karen Phillips, Joy Krull  
Coffee: Mary Anne Nickle  
Acolyte: Damian Nickle  
Van Driver: Karla Kriegel  
Nursery Volunteer: Chrissy Hazlett  
**19-** Liturgist: TBA  
Greeters: Bob and Carol Weisskopf  
Deacon: Paul Parmley  
Ushers: Chris and Dennis Day  
DeaconsøHarvest Dinner  
Acolyte: Lydia Klepfer  
Van Driver: Carey Krull  
Nursery Volunteer: Evelyn Freeman  
**26-** Liturgist: TBA  
Greeter: Selva Lehman  
Deacon: Phil McCune  
Ushers: Kendall Nickle, Zach Nickle  
Coffee: Donna and Al Ricks  
Acolyte: Julio Parmley  
Van Driver: Montie Redenius  
Nursery Volunteer: Alana Ferguson  
Cake Baker: Donna and Al Ricks



### FALL ROADSIDE CLEAN-UP

Our fall roadside clean-up sponsored by our church will be sometime in **October**. Details and time will be listed in the Sunday bulletin.

If we did all the things we are capable of, we would literally astound ourselves. - Thomas A. Edison



### BELL CHOIR

Bell Choir practice at 4:30 p.m. on Thursdays until the end of the year.

If you are interested in joining the Bell Choir please show up!



### FOOD RECOVERY NETWORK

There are five official Food Recovery Network chapters in the State of Iowa. They are Cornell College, Drake University, Grinnell College, Iowa State University and Simpson College.

### SESSION HIGHLIGHTS

Will return in November.



### TO ALL THE FAITHFUL MEALS ON WHEELERS

Thank you **Mary Lou Doty, Karla Kriegel, Janice Logan, Pastor Kirsten, Ray and**

**Marlene Peak, Montie Redenius** for taking time out of your day to deliver Meals On Wheels. This is a great community program. Please consider signing up next spring when our turn comes again!

It's never too late in fiction or in life to revise.  
-Nancy Thayer, Novelist

If you judge people, you have no time to love them. - Mother Teresa

### MICA FOOD PANTRY UPDATE

MICA is blessed to be on the receiving end of so many beautiful fruits and vegetables which so many people have been donating. This time of the year the coolers and bins are rarely empty. Clients are able to enjoy and appreciate the quality and wonderful variety which supplement the non-perishable. MICA is also able to provide recipes for many of the donations where were printed two years ago by the Giving Gardens. With the Food Recovery Network in full swing, produce is frequently take to the First Presbyterian Church to share with folks there. In addition, Hy-Vee donates bread two days of the week, which is picked up by volunteers and brought to MICA. All donations are greatly appreciated.



### GRINNELL COLLEGE LUNCH

Grinnell College students are invited for lunch and conversation, Sunday, **October 8** immediately following the morning worship service. The lunch will be held at the home of **Karen and Ed Phillips**. Rides will be available. Feel free to invite a friend. Students will receive more information by email the week before the event.

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www.glasbergen.com



**"If I send my prayer as a text message, will I get a faster reply?"**

## JENNY PEEK ORDINATION

Jenny Peek, a member of our church, will complete her final step of becoming a minister in the PC(USA) on October 21<sup>st</sup> when she will be ordained at Yale Chapel in Hartford, CT.

Jenny is working as the interim associate chaplain of Yale University. She began in July and will be there for a year while they conduct a search. She's thrilled with her first call, and excited to be ordained, and immensely grateful to our congregation for all their support.

Send Jenny all your good prayers and wishes on the 21<sup>st</sup>. We can't be there in body, but I'm sure she will feel us all there in spirit.

**THANK YOU**



**David Isch, Paul Parmley  
Ray Peak and Russ  
Stoker** for overseeing the  
parking lot resurfacing.  
**Susan McIntyre** for lead-

ing the study of our all church book read,  
"A Hope More Powerful Than the Sea."  
**Tom and Emily Moore** for hosting the Sep-  
tember college lunch.

**Jim Ferguson, Stan Greenwald and the  
whole Memorial Committee** for a great  
Sunday of dedicating memorials.

**Ed Phillips** for changing a battery in a  
smoke and fire detector.

## IT'S TIME TO PRAY: TUESDAYS AT 4:30 P.M.

Every Tuesday a small group of people gather in the church library for a time of silent prayer at 4:30 p.m. The prayers lasts about 15 minutes and there is a suggested structure for those who would like. **New people** are always welcome; it is a drop-in group.

## PRESBYTERIAN WOMEN NEWS

Let us make this a **whole church project** and help the Heart and Hands Health Clinic. The fall mission project is once again under way! Baby items needed for the clinic in Des Moines, Iowa are **diapers, lotions and ointments, blankets, and baby Tylenol**. October is the last month that we will be collecting items for the clinic. A box is available in the Fellowship Hall marked baby items for the care clinic.

## LOST AND FOUND

An oval casserole lid was left at the church following the September potluck, and one is missing.

## THINGS THAT WILL MAKE YOU SMILE!

Making chocolate chip cookies.

## A PRESBYTERMBERFEST THANK YOU!

Thank you to **John and Susan McIntyre** for hosting Presbyteremberfest 2017! Thank you, too, to **Eric and Guinevere McIntyre** for opening their farm to our church family (while they are in Italy)! We appreciate, so much, your hospitality!

Thank you to **Pastor Kirsten** for the evening devotional time. That is always such a meaningful part of Presbyteremberfest! Thank you, too, to all who shared rides, food, and fun for the day. We'll look forward to planning another, similar event in the fall of 2018!

Christian Education  
All Church Events Team



## DID YOU KNOW?

The most commonly used letter in the alphabet is E. -Taken from [www.didyouknow.com](http://www.didyouknow.com).



## DEDICATION OF MEMORIALS

Family and friends joined together on Sunday, September 17, to dedicate memorials that had been given during the last year. Memorial gifts are a way to express the love and respect of someone who has played a large part in the lives of those who are left to mourn. The Memorial Committee was pleased to welcome many family members from our local church as well as from other Iowa communities, California, and North Dakota who gathered to memorialize their loved ones. Following worship the third Sunday potluck was shared with an opportunity to further welcome and visit with guests. The food was tremendous!

Memorials dedicated were as follows:

Bob Baumann -- church's front landscaping

Bill Boss -- tote for rhythm instruments and pew reserved signs

Karen Choate -- Sunday School curriculum and music and classroom updates of rugs, curtains, and wall hangings

Shane Cook -- memorial book and name plate

Jim Fyfe -- pew reserved signs

Lyle and Barbara Heishman -- sugar maple tree

Bette Kersey ó special brass group music for Christmas Eve

Alice Mealy -- donation to Take Away Hunger and landscape maintenance

Jacob Moseley -- memorial book and name plate

Wes Phillips -- bell choir music

Warren and Shirley Porter -- donation to Presbyterian Disaster for flood relief

Dorene Thorson -- pew reserved signs

## “GETTING TO KNOW YOU”

People change! Jobs change! Volunteering in various capacities at the church changes! Consequently, the Communication Committee is putting together an updated informational sheet which identifies your unique gifts, talents, and ideas to share within the fellowship of the church.

**Beginning Sunday, September 24**, forms will be available for middle school/high school youth through adult members and friends in hopes you will fill it out so we can develop a variety of lists to share with Session's committee chairs. One important list will be those willing to be Sunday Servants: greeters, ushers, coffee hosts, potluck hosts, liturgists, acolytes, van drivers, and nursery volunteers. Dan McCue will highlight this information during announcement time.

We hope all forms can be returned to a special box in Fellowship Hall by **October 8**.

Thank you for all you do for the fellowship we call First Presbyterian, Grinnell!

## WELCOME MORNING

By Anne Sexton

There is joy  
in all:

in the hair I brush each morning,  
in the Cannon towel, newly washed,  
that I rub my body with each morning,  
in the chapel of eggs I cook  
each morning,  
in the outcry from the kettle  
that heats my coffee  
each morning,  
in the spoon and the chair  
that cry òhello there, Anneò  
each morning,  
in the godhead of the table  
that I set my silver, plate, cup upon each morning.

All this is God,  
right here in my pea-green house  
each morning  
and I mean,  
though often forget,  
to give thanks,  
to faint down by the kitchen table  
in a prayer of rejoicing  
as the holy birds at the kitchen window  
peck into their marriage of seeds.

So while I think of it,  
let me paint a thank-you on my palm  
for this God, this laughter of the morning,  
lest it go unspoken.

The Joy that isn't heard, I've heard,  
dies young.

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Return Service Requested

